



SCRIPPS RANCH | 9972 Scripps Ranch Blvd, San Diego, CA 92131  
SCRIPPS RANCH (POOL) | 9875 Aviary Dr, San Diego, CA 92131  
MISSION BEACH | 2999 Mission Blvd. Suite 101, San Diego, CA 92109  
LA JOLLA | 3535 General Atomics Ct Suite 100, San Diego, CA 92121  
LA JOLLA UTC | 10300 Campus Pointe Dr, San Diego, CA 92121  
LA JOLLA (POOL) | 8930 University Center Ln, San Diego, CA 92122  
DOWNTOWN | 501 West Broadway, San Diego, CA 92101  
CORONADO | 543 Orange Ave, Coronado, CA 92118  
CORONADO (POOL) | 818 Sixth St. (inside BBMAC), Coronado, CA 92118  
CARMEL VALLEY | 12625 High Bluff Dr Suite 105, San Diego, CA 92130  
CARMEL VALLEY (POOL) | 3777 Townsgate Dr, San Diego, CA 92130  
MAILING ADDRESS | 3639 Midway Dr, San Diego, CA 92110

## Scripps Ranch

**Address:** 9972 Scripps Ranch Blvd., San Diego, CA 92131

**Phone Number:** 619-810-0007

### Directions (from 15 North)

- Take exit 15 for Carroll Canyon Rd.
- Use the right 2 lanes to turn Left onto Carroll Canyon Rd.
- Drive to Scripps Ranch Blvd
- Turn right onto Scripps Ranch Blvd
- We are located in the Von's shopping center across from Chase bank in Fitness Quest 10



- We are in the downstairs fitness quest 10 (not the upstairs above Vons) and we are INSIDE the fitness quest 10 gym at the far south end of the parking lot

### Directions (from 15 South)

- Take exit 15 for Carroll Canyon Rd.
- Turn right onto Carroll Canyon Rd.
- Turn right onto Scripps Ranch Blvd
- We are located in the Von's shopping center across from Chase bank in Fitness Quest 10
- We are in the downstairs fitness quest 10 (not the upstairs above Vons) and we are INSIDE the fitness quest 10 gym at the far south end of the parking lot

### Protocols

- If you are a NEW patient...
  - Please fill the forms out and bring them with you, along with your **photo ID, insurance card and physical therapy prescription**, if we have not already received them, for your evaluation.
  - We request that you arrive **15 minutes** prior to your appointment so that we can go over your insurance benefits and paperwork with you before your appointment.