Carmel Valley

Address: 12395 El Camino Real, Suite 11, San Diego, CA 92130

***In the Scripps Medical Building***

Phone Number: 858-227-9707 (Call or Text)

Directions

From 5 North

- Use the right lane to take exit 33B for Carmel Valley Rd
- Use the right 2 lanes to turn right onto Carmel Valley Rd
- Use the left 2 lanes to turn left onto El Camino Real
- The Scripps Medical Building will be on your right.

- Park and enter the building.
- We are located in the very first door to your right when you enter the building (suite 111).

From 5 South

- Use the right lane to take exit 33 for Carmel Valley Rd
- Use the left 2 lanes to turn left onto Carmel Valley
- Use the left 2 lanes to turn left onto El Camino Real
- The Scripps Medical Building will be on your right.

- Park and enter the building.
- We are located in the very first door to your right when you enter the building (suite 111).

Protocols

- If you are a new patient, please be sure to fill out your evaluation packet (e-mailed to you) and bring it with you to your appointments.
- If you did not receive the e-mail, please e-mail Kristine@WaterandSportsPT.com or call/text Kristine @ 858-227-9707.
  - Be sure to check your junk/spam folder as well.