



SCRIPPS RANCH | 9972 Scripps Ranch Blvd, San Diego, CA 92131
SCRIPPS RANCH (POOL) | 9875 Aviary Dr, San Diego, CA 92131
MISSION BEACH | 2999 Mission Blvd. Suite 101, San Diego, CA 92109
LA JOLLA | 3535 General Atomics Ct Suite 100, San Diego, CA 92121
LA JOLLA UTC | 10300 Campus Pointe Dr, San Diego, CA 92121
LA JOLLA (POOL) | 8930 University Center Ln, San Diego, CA 92122
DOWNTOWN | 501 West Broadway, San Diego, CA 92101
CORONADO | 543 Orange Ave, Coronado, CA 92118
CORONADO (POOL) | 818 Sixth St. (inside BBMAC), Coronado, CA 92118
CARMEL VALLEY | 12625 High Bluff Dr Suite 105, San Diego, CA 92130
CARMEL VALLEY (POOL) | 3777 Townsgate Dr, San Diego, CA 92130
MAILING ADDRESS | 3639 Midway Dr, San Diego, CA 92110

Carmel Valley

Address: 12395 El Camino Real, Suite 11, San Diego, CA 92130

*****In the Scripps Medical Building*****

Phone Number: 858-227-9707 (Call or Text)

Directions

From 5 North

- Use the right lane to take exit 33B for Carmel Valley Rd
- Use the right 2 lanes to turn right onto Carmel Valley Rd
- Use the left 2 lanes to turn left onto El Camino Real
- The Scripps Medical Building will be on your right.



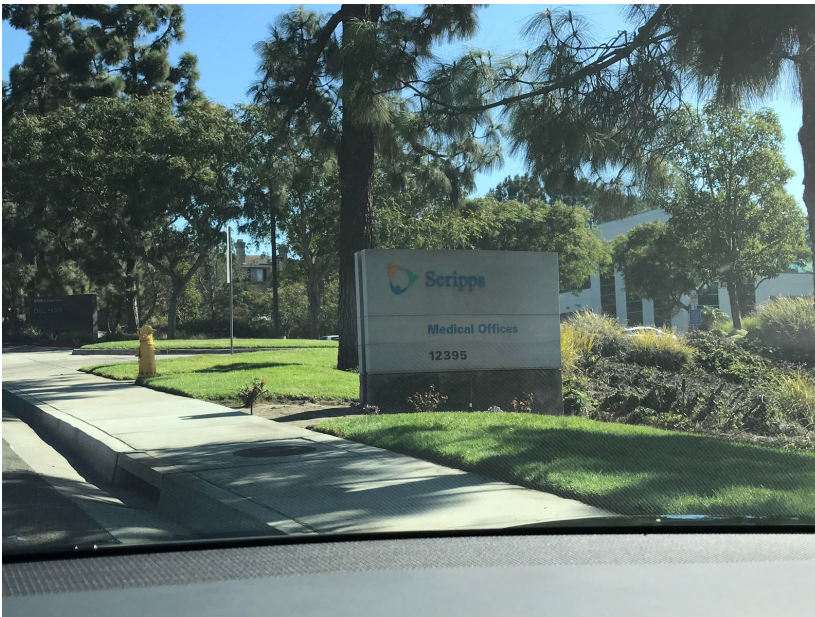
- Park and enter the building.



- We are located in the very first door to your right when you enter the building (suite 111).

From 5 South

- Use the right lane to take exit 33 for Carmel Valley Rd
- Use the left 2 lanes to turn left onto Carmel Valley
- Use the left 2 lanes to turn left onto El Camino Real
- The Scripps Medical Building will be on your right.



- Park and enter the building.



- We are located in the very first door to your right when you enter the building (suite 111).

Protocols

- If you are a new patient, please be sure to fill out your evaluation packet (e-mailed to you) and bring it with you to your appointments.
- If you did not receive the e-mail, please e-mail Kristine@WaterandSportsPT.com or call/text Kristine @ 858-227-9707.
 - Be sure to check your junk/spam folder as well.